

Adi Thalum Displacement Exercise

Ta Ka Ta Ki Ta

This is a classic rhythmic displacement exercise found in Carnatic music. This exercise is in the 8 beat cycle of Adi Thalum. Adi Thalum is shown by clapping on beat 1; pressing the pinky to the palm for beat 2; pressing the ring finger to the palm for beat 3; pressing the middle finger to the palm for beat 4; clapping on beat 5; waving on beat 6; clapping on beat 7; and waving on beat 8. The phrase Ta Ka Di Mi Ta Ka Ju Nu is displaced by a 16th note by reciting Ta Ka Ta Ki Ta, a phrase of five 16th notes. This exercise is a great way to feel and own 16th note subdivisions.

1 Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ta Ki

Clap Clap Wave Clap Wave

3 Ta Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ta

Clap Clap Wave Clap Wave

5 Ki Ta Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka

Clap Clap Wave Clap Wave

7 Ta Ki Ta Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Di Mi Ta Ka Ju Nu Ta Ka Ta Ki Ta

Clap Clap Wave Clap Wave

9 Tham!

Clap